

PRESENTERS



KRISTI WELLS

CEO & Co-Founder Kristi@SafeHouseProject.org



ALIA DEWEES

Director of Aftercare Alia@SafeHouseProject.org

AGENDA

- Safe House Project Overview
- Restorative Care Breakdown
- Barriers to Equitable Access to Care for Survivors
- State Resource Guide
- 2023 SHP Grant Details
- Appendix





MISSION

Safe House Project's mission is to increase survivor identification beyond one percent through education, provide emergency services and placement to survivors, and ensure every survivor has access to safe housing and holistic care.

Uniting communities to end domestic sex trafficking and restore hope, freedom, and a future to every survivor.

Innovation. Collaboration. Hope. Integrity. Stewardship.

SAFE HOUSE PROJECT PROGRAMS ERADICATING TRAFFICKING BY 2030



Identifying Victims - Education

Increasing victim identification through education and training opportunities for healthcare workers, law enforcement, educators, employees, and community members.

Supporting Survivors - Emergency Response



Providing emergency transportation, basic necessities, and safe house placement to survivors exiting a trafficking situation. Hiring survivors to live into their career goals through a traumainformed work environment.



Restoring Lives - Safe Housing & Certification

Elevating the national standard of aftercare through Safe House Project Certification. Investing in new or expanding safe house programs through mentorship and funding. Innovating to address the deepest needs and biggest gaps in survivor care.

EVERY NUMBER HAS A NAME. EVERY NAME HAS A STORY.





survivors served each quarter through emergency support

9.8K

Mentorship hours invested into antitrafficking partners

COMBATING TRAFFICKING THROUGH EDUCATION

Free One-Hour, Virtual Training IAmOnWatch.org





I saw many of the workers sense something was wrong, I saw them wrestle with what to do... Healthcare workers who are equipped to identify trafficking and familiar with how to respond have the opportunity to save lives." - Sarah, Survivor

H.O.P.E. TRAINING

HEALTHCARE WORKERS ARE VITAL PARTNERS IN COMBATING TRAFFICKING

OVERVIEW

The H.O.P.E. (Healthcare Observations for the Prevention & Eradication of Human Trafficking) Training is a survivor-informed, trauma-informed, and patient-centered video-based training that equips all healthcare workers to identify potential human trafficking victims, give support, and offer resources.

www.safehouseproject.org/healthcare





TRAFFICKING SURVIVOR EQUITY COALITION

The Trafficking Survivor Equity Coalition (TSEC) brings survivor and anti-trafficking industryinformed policy to educate policymakers on how to effectively prevent trafficking, protect trafficking survivors through equitable and inclusive services, and prosecute traffickers. TSEC supports a holistic approach to serving human trafficking survivors in the United States.

- Unify the voice of restorative care programs to create policies that allow for them to effectively serve survivors.
- Elevate survivor voices in the policy space, so they can advocate for the benefits of restorative care and holistic solutions that provide support for survivors.
- Advise on federal legislation which supports organizations who provide restorative services to trafficking survivors.
- Providing equitable and inclusive care to all survivors.
- Address systemic barriers to care, and seek policy solutions to address gaps.



SAFE HOUSE PROJECT WEBINAR SERIES

The Safe House Project Webinar Series intends to fill gaps in knowledge throughout the antitrafficking field by bringing together experts on topics related to underserved demographics and innovative solutions and practices. The SHP Webinar series was created for the purpose of connecting industry knowledge nationally and decreasing field echo chambers.

Previous topics have included:

- Serving Males Who Have Experienced Exploitation
- Demystifying DID
- Models of Decriminalization
- Ethical Survivor Hiring Practices

Additionally, in 2023, SHP has expanded it's webinar series to include monthly policy webinars.

For more information visit www.safehouseproject.org/resources



CERTIFICATION

The Safe House Project's certification program is designed to ensure that homes for survivors of human trafficking are safe, secure, and supportive environments.

Organizational Structure & Compliance

Residential Program & Services



Financial Management



Governance & Executive Leadership



Specialized Services (if applicable)

CERTIFICATION





Gold Safe House Badge

Gold badges are reserved for programs offering the highest level of survivor care. Programs with a gold badge are meeting industry best-practices overall, and continually pushing themselves through self-assessment and survivor feedback to continue elevating their program. Certification is held for 3 years.

Silver Safe House Badge

Awarded to programs providing the second highest level of care. Programs with a silver badge are offering program and services that meet many industry best-practices, with notable room for improvement. Silver badge recipients are committed to serving survivors and working toward continuous improvement in their standard of care. Certification is held for 2 years.



Bronze Safe House Badge

Bronze badges are awarded to organizations achieving the industry's basic level of survivor care, but reflects minimal bestpractices and has marked room for improvement. Certification is held for 1 year.





Specialized Care Badge

Specialized Care Badges are awarded to programs seeking to serve all survivors, including those requiring specialized care. This badge is reserved for programs equipped to assist survivors with disabilities and other complex physical and mental health needs. Specialized Care Badge recipients are committed to providing special needs survivors care that meets industry best-practices.

Emerging Leader Badge

Emerging Leader Badges are awarded to programs who have been operating a residential program for less than one-year and who have undergone a baseline review of their organization. Certification is held for 1 year.

CERTIFICATION











Wellspring Living



Latisha's House FOUNDATION





the lampstand



onevolcehome

Refuge for Women TEXAS GULF COAST

Refuge for Wamen KENTUCKY

Refuge for W)men NORTH TEXAS



S E REE MONTEREY BAY

Rejuvenating Women TOGETHER FREEDOM



IDENTIFY. PLAN. EXECUTE. REVIEW.

- What are your core competencies?
- How do you need to partner to provide more successful outcomes for survivors?
- How do you need to refine your program to improve?
- What data do you need to collect to inform decisions?
- What are strategic, intentional growth opportunities your org could explore?





This analysis uses data collected through Safe House Project's grant and certification applications, SHP surveys, partner data, industry studies, and open source information.

As an illegal industry, human trafficking is notoriously difficult to gather statistics on. Statistics can be limited due to low rates of victim identification, lack of education regarding trafficking, decentralized data collection, legal barriers, etc.

Data always has limitations, but...



371 NON-PROFIT ORGANIZATIONS SERVING TRAFFICKING SURVIVORS IN THE U.S.

The organizations represented in the analysis are aggregated from:

- Safe House Project Network
- Polaris Project
- State Task Force & Coalition Partners
- Wellspring Living Institute Programs
- Institute for Sheltered Care
- Thistle Farm Network
- NTSA

*They do not represent the government agencies, task forces, or coalitions





Non-profits provide direct services specifically for human trafficking in the U.S.

Of these provide residential housing, approximately 1,600 beds nationally.

residential program.



RESTORATIVE HOUSING | CONTINUUM OF CARE

A study published in the National Library of Medicine defines continuum of care as "an integrated system that guides and tracks trafficking survivors over time through comprehensive services spanning all levels of intensity of care."

Emergency Programs (Up to 90 days):

- Acute trauma care
- Psychiatric assessments
- Medical detox
- SANE examinations
- Law enforcement engagement for prosecution of traffickers
- Emergency housing
- Individualized placement recommendations and referrals into long-term programming

Long-Term Programs (12-18 Months):

- Evidence-based therapeutic treatment modalities for complex PTSD administered by licensed clinicians
- Trauma-informed care practices
- Curriculum around exploitation, safe interpersonal relationships, and addiction recovery
- Access to medical, dental, and psychiatric care
- Access to education and career planning
- Safe housing
- Social and emotional support provided via strengths-based care plans
- Case management regarding independent living and the survivor's future



Transitional Programs/Independent Living :

- Continued therapeutic, trauma-informed care
- Educational and career opportunities
- Addiction support to decrease risk of relapse
- Assistance with transportation
 - Supportive communal living
 - Individualized case management and personalized resources as needed

PROGRAM BREAKDOWN IN THE U.S.



76%

of organizations serve young adults or adult survivors through residential care.



are programs for mothers and their children.





of Organizations serve survivors of CSEC through residential care.

SUSTAINABILITY

35.14%

Programs reported problems with staffing recruitment and retention

272

Nonprofits providing housing for trafficking survivors in 2021

56.76%

Programs reported problems with sustainability

STRATEGIC SUSTAINABILITY WEBINAR

Assuring survivors of trafficking will be able to continue accessing services when they need them, despite recessions and other barriers to funding for service providers.







Nonprofits provided housing for trafficking survivors in 2022

JUNE 2022

PROGRAM BREAKDOWN IN THE U.S.

States with full continuums of care for adult females

States with full continuums of care for adult females

States with only 1 Solution





States with full continums of care for minor/adult males





Estimated beds in restorative care homes across the United States (286 homes with an average of 6 beds)

 $\begin{bmatrix} 716 \end{bmatrix}$

U.S. Department of State estimates that 14,500 to 17,500 people are trafficked into the United States each year.





of survivors will not have access to residential care.

https://thesamaritanwomen.org/shelter-planting-roadmap/

BARRIERS TO EQUITABLE CARE FOR TRAFFICKING SURVIORS

The following are opportunities for programs to expand services or new programs to respond to some of the deepest needs in survivor care. The following are variables that Safe House Project, its anti-trafficking partners, law enforcement, and survivors themselves have faced when seeking placement into a safe house program.





REFERRALS & DIS-QUALIFIERS FOR IN-TAKE



Decreasing the time it takes to place a survivor is critical to helping them receive emergency services and safe house placement.

Dis-qualifiers for in-take depend on where the program exists in the continuum of care, but the above sample does reflect a strong propensity to DQ a survivor based on severe mental health or physical health challenges.



MENTAL HEALTH

Survivors with severe mental health disorders, including Schizophrenia, Dissociative Identity Disorder, and Borderline Personality Disorder have limited access to programs due to the additional staff and resources required to serve those with severe mental health challenges.







Percent of Programs Fully Equipped to Serve

DID is caused by severe, repeated, and prolonged physical, sexual, and emotional abuse in childhood.

BARRIERS TO CARE LEAD TO OPEN BEDS IN SAFE HOUSE PROGRAMS





of survivors experience dissociative disorders

Assuming there are 100 beds available in programs at every stage in the continuum of care for 100 identified survivors.

63% of identified survivors report severe mental health challenges.

EMERGENCY PROGRAM:

- 50% accept survivors with severe mental health challenges, meaning:
 - 50 survivors with severe mental mental health challenges enter the emergency program
 - 37 survivors without severe mental health challenges enter the program
 - remain open.

MOVING TO A LONG-TERM PROGRAM:

- - be able to transition to a long-term program
 - 37 survivors without mental health challenges will enter a long-term program
 - 26 additional survivors will leave an emergency program without a safe place to go.
 - Without safe housing 80% (21 survivors) will end up being re-victimized.
 - 39 of the 100 beds are available in the long-term restorative care homes.

OUTCOMES:

- 61 survivors receive emergency & long-term residential care
- 30-31 will end up re-exploited

Furthermore, the above perfect model does not take into account comorbidity, system breakdowns, regional barriers, legal requirements, and other individualized care needs. It. assumes perfect distribution of available beds to the "correct" survivor.



• 13 survivors are denied care and 80% (10 survivors) will end up being re-victimized, and 13 beds

• 24% of long-term residential programs accept survivors with severe mental health challenges, meaning: • 24 of the 50 survivors with severe mental health challenges who entered an emergency program will

• 39 beds in long-term restorative care homes remain vacant, despite capacity issues.

OPPORTUNITIES TO INCREASE SURVIVOR ACCESS TO SERVICES

- 1. Intentional building of programs that decrease barriers to care and increase equitable access to services.
 - a. Low-barrier, safety focused programs vs healing focused programs b. Therapeutic emergency programs with ability to provide detox, perform psychiatric evaluations, and identify individualized needs of survivor.
- 2. Expansion of services within existing programs:
 - a. Strong, qualified programs trained and equipped to receive survivors who require specialized services.
- 3. Innovative solutions:
 - a. Training up safe families to care for survivors children while they go through a program.

SE_b.Independent, "Stage 4" living solutions





2022 SAFE HOUSE PROJECT GRANT ANALYSIS





Training & Technical Assistance

Programmatic Trainers

Institute for Sheltered Care | My Life My Choice | Out of Darkness | Selah Freedom | Thistle Farms | Wellspring Living Institute

2021 SAFE HOUSE PROJECT GRANT RECIPIENTS



REHOPE

Rodney Hammer President



CALL TO FREEDOM

Becky Rasmussen Executive Director

The only thing necessary for evil to persist was for good people to do nothing.



Pı

Tł

RI

Ca

Tł

St

G

ne Voice Home	Mother & Child/TAY (Long-Term)
ejuvenating Women	Adult Female (Long-Term)
Present Age Ministries	Therapeutic Foster Care
he Wellhouse Child	Minors (Full Continuum)
ЕНоре	Mother/Child (Long Term)
all to Freedom	Mother/Child (Long-Term)
et Free Monterey Bay	Adult Female (Long-Term)
he Well Lexington	Adult Female (Transitional)
tepping Stones Network	Mother & Child (Transitional)
enerate Hope	Adult Female (Long Term)



2023 Safe House Project Grant Information

Overview	Gra
Safe House Project partners with local organizations throughout the United States serving trafficking survivors through therapeutic residential care by providing funding and mentorship. To date, Safe House Project has helped fund 286 new beds in the national landscape, and believes that through collaboration and partnership the anti-trafficking industry can eradicate trafficking. Thank you for uniting with us, we look forward to hearing about your incredible work.	LOI Gra
	Ord
Eligibility 501c(3) organizations located in the United States providing or seeking to provide therapeutic residential care for sex trafficking survivors.	Gra
Funding Priorities	Sec
Capacity Building: New or expanding programs providing residential services to sex trafficking survivors may apply. Programs must show how they are increasing the national capacity of care	con
for trafficking victims.	Gra
Decreasing Barriers to Care: Existing programs may show how they are increasing the	
opportunities for victim services by decreasing barriers to care. For example, a program which has historically been unable to serve those with extreme mental health challenges is seeking funds to provide psychiatric care to victims to provide more victims with opportunities for placement.	Gra



ant Deadlines

- l: April 1-30, 2023
- ant Cycle Opens: May 1, 2023
- ant Cycle Closes: July 15, 2023
- econd round organization interviews will be onducted in August and September
- ant Decisions Announced: November 2023
- rant Funds Dispersed: December 2023

STATE RESOURCE GUIDE

An evaluation of survivor identification & safe housing by state including state & Federal Policy recommendations to improve identification & support of trafficking survivors through residential safe house programs. States were evaluated using a weighted scoring system designed to identify the strengths and areas for improvement in each state.

States were evaluated based on

- training mandates for key professionals
- number of survivor identifications
- availability of human trafficking specific residential programs throughout the continuum of care
- emergency response coordination
- state legislation that helps create sustainable solutions for survivors The lower the ranking number, the better the state scored.













RESIDENT LIFE OVERVIEW (BASED ON 2022 GRANT DATA)



At every phase, programs utilize a variety of curriculums that help survivors overcome addiction and trauma, as well as help them understand how to establish safe relationships with healthy boundaries. 43% of programs provide traffickingspecific programs that highlight tactics traffickers use to recruit and re-recruit victims. This type of educational program helps break the trauma bond between the participant and their trafficker.

% of programs who are offering each type of curriculum in their program.



The mean number of life skill training options available to participants is 5 variations.

DISSOCIATIVE IDENTITY DISORDER

- DID is caused by severe, repeated, and prolonged physical, sexual, and emotional abuse in childhood.
- Survivors with DID experience severe symptoms, including unstable personality traits, loss of time, "zoning out," and severe PTSD symptoms.
- When working with survivors with DID, it is important to be trauma-informed and flexible. Survivors may require additional time to complete tasks and assistance re-orienting or grounding themselves.
- It is important to understand DID through education from research and lived experience experts.
- Training opportunities email us at info@safehouseproject.org







SAFE HOUSE PROJECT

107 S. West Street, Suite 720 | Alexandria, VA 22314 info@safehouseproject.org | 202.596.2073

www.SafeHouseProject.org