FREEDOM REQUIRES ACTION | PARENT CHECKLIST

BE PART OF THE SOLUTION TO END CHILD SEX TRAFFICKING IN AMERICA BY 2030

- 1. Discuss the dangers of social media with your children. Remind your child not to share personal information, accept requests from strangers, share naked photos of themselves or others, and to tell an adult if they feel uncomfortable.
- 2. Talk with your children about predators who are using the gaming console to build relationships and groom children into trafficking.
- 3. Protect your children by downloading "Bark" to their electronic devices to monitor suspicious or inappropriate activity.
- 4. Talk with your child about sexual abuse, and that you are available to listen. According to RAINN, 1 in 9 girls are sexually abused before the age of 18.
- 5. Have an open dialogue with your children about sex trafficking.
- 6. Teach your young children anatomically correct terms for their body, so they can clearly articulate how they were sexually abused.
- 7. Meet your children's friends, their friends' parents and those they hang out with.
- 8. Be alert to boyfriends who are much older, or friendships that tend to isolate your child from other friends or family.
- 9. Notice if your child has new clothing items, makeup products, cell phone or other expensive items and inquire about how they acquired them.
- 10.Show unconditional love for your child. Love shapes a child's selfimage, builds up their self-confidence and creates a high standard by which they measure relationships.

